## Sunday START THE IOURNEY

As the sun rises over the mighty Murray River enjoy bacon, eggs and toast washed down with a healthy pineapple juice and heart starter coffee.

For the health-conscious there is cereal and fruits.

#### LUNCH - Selection of Cold Meats and Salad

Selection of ham, chicken, mortadella, salami, and roast beef presented with pineapple, beetroot and other salads accompanied by a riverside dressing.

### **DINNER - BBO Steak with Potatoes and Corn**

Scotch fillets sprinkled with Cajun seasoning and seared on the barbeque. Accompanied by seasoned potatoes in foil, sweet corn barbequed in their husks, chilli capsicums, and bread rolls.

#### LATE NIGHT SNACKS

A continental selection to guell those after dinner hunger pangs.

## Monday RIVER VIEW BREAKFAST

Slumming it under canvas but there's sausages and eggs on toast or, if you prefer, cereal and/or fruits. Accompanied by orange juice and a bottomless cup of coffee.

## LUNCH -Selection of Cold Meats and Salad

Enjoy an al fresco cold collation, bread rolls and fruit juices.

## **DINNER** - Edward River Chicken

Seasoned chicken breast cuts served with tastv coleslaw and a very different Potato Salad. If you're still hungry, wolf down some bread rolls.

## LATE NIGHT SNACKS

Don't go hungry. There's plenty there.

## **Tuesday**

## **ADVENTURERS' BREAKFAST**

Contemplate the forthcoming river journey over a hearty breakfast of bacon, eggs and toast washed down with fruit juice and/or a heart starter coffee. Alternatively, partake of cereal and fruits.

### **LUNCH** - Selection of Cold Meats and Salad

Hopefully the Support Crew will find the Boat Crew and everyone can enjoy a healthy, hearty lunch that's in tune with the surroundings.

#### **DINNER** - River Breeze Beef

Our famous bush recipe has become a standard, a classic. Justifiably so! Enjoy superior fare. Delicately barbecued beef over a joyful salad drizzled with a delectable dressing.

#### LATE NIGHT SNACKS

Cholesterol heaven for the fang merchants.

## Wednesday **BUSH BREAKFAST**

Say goodbye to the Edward River with a hearty breakfast of bacon, eggs and toast, or cereal and fruits. Washed down with fruit juice and/or a coffee.

## LUNCH -Selection of Cold Meats and Salad

Choose your own favourites from a wide range of meats and salads. Breads and fruit juices. Coffee to go.

## **DINNER** - Barbecued Murray Cod with Riverina Salad

Fresh from the river – the prize of Australia's inland rivers, expertly cooked by Riverina local Keith French legendary dinghy racer and fisherman. With the local fare is a very special Potato Salad.

## LATE NIGHT SNACKS

Got the munchies?! Enjoy a continental selection.

## **Thursday** MURRAY RIVER BREAKFAST

Back again on the Murray River (the Edward River is an anabranch) you are presented with a choice of barbecue eggs, sausages or bacon, or fresh fruits.

## **LUNCH** - Selection of Cold Meats and Salad Selection of ham, chicken, mortadella, salami, and

roast beef accompanied by a special Potato Salad and a variety of greens.

## **DINNER - Crumbed Chicken Slices with** Caesar Salad

Select, succulent slivers of chicken coated in your choice of garlic pepper breadcrumbs, lemon pepper seasoning or seasoned pepper breadcrumbs. Bread rolls and a spectacular Caesar Salad complete a meal that magnificently complements the surroundings.

#### LATE NIGHT SNACKS

Hungry? Pick from a variety of after dinner snacks.

## Friday **RUN HOME BREAKFAST**

As you again see the sun rise over the mighty Murray River enjoy bacon, eggs and toast washed down with a healthy pineapple juice or orange juice and heart starter coffee.

For the health conscious there is cereal and fruits.

## LUNCH -Selection of Cold Meats and Salad

Near the end of the journey along the Murray you can select from garlic pepper crumbed chicken pieces and slices of tuna presented with bread, cheese and salads.

# The Riverina Run 2003

# Kim's Kitchen

The privilege of eating alfresco at this exclusive restaurant is accompanied by the responsibility of washing and drying the dishes.